

# ACTION MEDICINE DIRECT PRIMARY CARE

## HELPFUL TIPS

### OFFICE HOURS

Monday through Friday 9am - 5pm

### CONTACT

During office hours: call 781-767-0910

After office hours:

- For **urgent** matters: call 781-767-0910 and press the option to speak with on-call provider
- For non-urgent matters: text provider below

## IMPORTANT TEXTING NUMBERS & EMAILS

- Dr. Michael Tremblay: 781-332-5556 / [DrMike@actiondirectcare.com](mailto:DrMike@actiondirectcare.com)
- Kelly Vinitzky (Nurse Practitioner): 781-536-9942 / [Kelly@actiondirectcare.com](mailto:Kelly@actiondirectcare.com)
- Avni Patel (Physician Assistant): 781-556-6904 / [Avni@actiondirectcare.com](mailto:Avni@actiondirectcare.com)
- Aisha (Admin Assistant): 781-650-8821 / [office@actiondirectcare.com](mailto:office@actiondirectcare.com)

## POLICY

- Non-urgent issues will be addressed within 24 hours
- We require 48 hour notice for medication refill requests (we will always consider an emergency situation)
- Please be mindful to request refills during office hours
- Tests will always be communicated to patients whether normal or abnormal but if you do not hear from us within one week of any testing please call the office during office hours